



## Mocktail Menu

**Chharma**  
(Sea Buckthorn)

**Chharma**  
**Sea Buckthorn, Carrot, Turmeric**

Referred as the holy fruit of the Himalayas, Sea Buckthorn is a popular remedy in Ayurvedic medicines. It is rich in various vitamins and minerals. Carrot also contains good amounts of antioxidants.

**Genda**  
(Marigold)

**Kanika**  
**Marigold, Saffron, Beetroot**

Marigold flowers represent the Sun and symbolizes brightness, positivity, purity and auspiciousness. Along with marigold we have paired saffron and beetroot. Beetroots are also highly beneficial in ayurveda.

**Trapusha**  
(Cucumber)

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**Cucumber, Apple, Shiso, Yuzu, Ginger**

Cucumber is widely used in ayurveda due to its richness in vitamins, calcium and magnesium. Apples and cucumber both act as great cooling agents due to high water content.

**Narikela**  
(Coconut)

**Sriphala**  
**Coconut, Curry Leaf, Ginger Ale**

Coconut is the only fruit which is associated with God as it is known as God's Fruit. Coconut is considered to be sacred, pure and beneficial to one's health. Along with coconut we have paired curry leaf which is used in ayurveda for its health benefits ranging from aiding digestion to fighting diabetes.

**Kokam**  
(Garcinia indica)

**Amsul**  
**Kokam, N/A Gin, Citrus**

Kokam also known as the Indian Butter Tree has plenty of health benefits which include effective digestion by improving the digestive fire. Along with coriander and cumin makes a perfect drink.

**Tṛṇa-badaram**  
(Strawberry)

**Tṛṇa-badaram**  
**Strawberry, Tomato spice, Elderflower**

Strawberries are one of the most loved and delicious fruits. Along with that it is also highly health beneficial as strawberries are an excellent source of folate, they strengthen the brain, improve heart health and protect eyes.

**Chana**  
(Chickpea)

**Chanaka**  
**Chickpea, Coriander, Citrus**

Chickpea is rich in proteins, vitamins and minerals. Chickpeas are considered as a superfood and used in many ayurvedic and healing diets. They have numerous benefits which include improved heart condition, help prevent cancer and as an anti-stress food.

All prices in AED, exclusive of 7% municipality fee, 5% vat & 10% service charge

**Mocktail menu priced at AED 55**